



Talk, listen and cuddle (TLC) is an Essex campaign helping parents, carers and families give their young children the best start in life, developing their communication skills through playful learning at home.

Follow Talk Listen and cuddle on social media to keep up with news and campaigns.



The website is filled with information, top tips and ideas for playful activities to do with your child.

Scan the QR code
or visit: www.tlc-essex.info

